

## Sister Rosalind Massage & Wellness Center

### Covid 19 Response Plan

To keep our staff and clients safe from Covid 19, Sister Rosalind's has implemented the following procedures to help create a safe operation while dealing with the Pandemic. These procedures will be evaluated regularly for effectiveness/necessity and adjusted accordingly while keeping the state and local guidelines in mind.

1. Appointment times have been staggered to help minimize the amount of people in the clinic at once.
2. Staff and clients are REQUIRED to wear protective masks while in the facility for their appointment. Clients may remove theirs while face down in the cradle.
3. Front desk shields have been put in place to help protect all clients and staff.
4. Lobby furniture has been arranged to ensure clients will be 6 feet apart if they choose to be seated. Otherwise, standing with recommended distance will be monitored.
5. Staff and Clients will sanitize their hands before going back to the therapy room.
6. Massage Therapists will sanitize all room items that have been in use after each client with an approved EPA cleaner that is effective for most germs and viruses. i.e. oil and lotion bottles, spray bottles, face cradle, bolsters, stools, shelving, light- switches and doorknobs.
7. Massage Therapists will continue to wash/sanitize their hands before and after each client and or touching items outside of their workspace.
8. Front desk staff will sanitize clinical areas/restrooms as often as possible.
9. Face Massage will not be given until further notice.
10. Staff will verify their health to the best of their ability before each shift. Digital temperature readers will be available for use by staff and clients upon request and/or when appropriate. (showing symptoms of a cold).
11. Heavily touched items such as magazines and our selection of teas/mints have been pulled from use until further notice.
12. Please keep table talk to a minimum even though masks are required to be worn.

Please let us know if you see anything that may concern you or jeopardize the health of our clients and staff members. We understand this is an adjustment for all of us but a needed one to continue to operate in a safe manner during this crisis. Please call us as soon as possible if you are feeling ill or have found out you have been exposed to someone who tested positive for the Covid 19 virus. Thank you for your support!